

Offering programs in the following areas:

- Allendale 🌿 Coopersville
- Grand Haven 🌿 Holland
- Jenison 🌿 Saugatuck / Douglas
- West Ottawa 🌿 Zeeland

For more parenting information please contact

- Pathways, MI: 616.396.2301
- Life Services System: 616.396.7566
- MSU Extension: 616.846.8250



412 Century Ln.
Holland, MI 49423
Phone 616.396.2301
Fax 616.396.8070

<http://www.pathwaysmi.org>



Parenting Workshops

Summer/Fall 2008

Schedule

- Bavolek Parenting 🌿 Love & Logic 🌿
- Strengthening Families 🌿 Parenting Wisely 🌿
- Circle of Parents 🌿 Playgroups

Circle of Parents

Bring the family and join other parents for meaningful conversation about raising children. Parents choose the topics. Trained facilitators lead the discussion. This parent support group is for parents with children of all ages and is free to residents of Ottawa County. Join the group at any time. Childcare provided, but you **must register** to ensure enough food and childcare is available.

Allendale (for parents of children with special needs)
When: 1st & 3rd Wed. of the month from 6-7:30 pm.
Where: Library (6175 Library Ln.)
Contact: Kara at 616.895.1598

Holland
When: 2nd & 4th Tues. of the month from 6-7:30 p.m.
Where: Family Fitness (591 E. 8th St.)
Contact: Jodi Cech at 616.396.2301 ext. 149

OR

Holland (Spanish speaking group)
When: 1st & 3rd Tues. of the month from 6-8:00 pm.
Where: Western Theological Seminary (101 E. 13th)
Contact: Janie Briones at 616.355.3127

OR

Holland (for parents of children with special needs)
When: 2nd & 4th Tues. of the month from 6-7:30 pm.
Where: Ridge Point Community Church (340 104th Ave.)
Contact: Kara at 616.895.1598

Jenison
When: 2nd & 4th Mon. of the month from 6-7:30 pm.
Where: Early Childhood Center (800 Connie St.)
Contact: Jodi C or Sonya A at 616.396.2301

Lamont Area
When: Fall 2008
Where: To be determined
Contact:

Spring Lake
When: 2nd & 4th Thurs. of the month from 6-7:00 pm.
Where: Spring Lake Library (123E. Exchange)
Contact: Jodi C or Sonya A at 616.396.2301

West Ottawa

When: 1st & 3rd Mon. of the month. Fall start date
Where: Pine Creek Elem. (1184 136th Ave.)
Contact: Jodi C or Sonya A at 616.396.2301

OR

West Ottawa (Spanish speaking group)

When: 1st & 3rd Wed. of the month. Fall start date.
Where:
Contact: Jodi C or Sonya A at 616.396.2301



Bavolek

A ten-week parent education class offered to Ottawa Co. families, which includes topics important to parents such as child development, discipline, communication, and problem-solving. Each weekly session is 2 hours. Participants receive The Nurturing Parenting Handbook. **To register, please contact Sonya at Pathways, MI 616.396.2301 ext. 129.** Childcare provided for ages 3 & older (care for infants is limited).

Continued
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Strengthening Families

A Unique seven-session research-based family education program where parents and youth ages 10-14 build mutual respect and learn to build a strong family unit. Join other families to improve communication between parents and youth, strengthen family bonding and commitment, and reduce the risk of substance use in middle and high school age youth. Family dinner, childcare and activities are also available for children ages 3-9. Spanish language classes are available. To register please contact Sonya at Pathways, MI 616.396.2301 ext. 129.

Holland

When: July 9- Aug. 20
Time: 5:30-8:00 p.m.
Where: Pathways, MI
412 Century Ln.

Spring Lake

When: Sept. 30
Time: 5:30-8:00 p.m.
Where: Spring Lake
Middle School

Love & Logic

Learn simple, practical techniques that can help eliminate stress and arguments often associated with child discipline. *LOVE* helps children grow through mistakes. *LOGIC* calls for children to live with the consequences of their choices. Learn how to provide choices that empower children to be responsible and to make better choices. Contact Sonya at 616.396.2301 ext. 129 for more information.



Parenting Wisely

An interactive program for families that focuses on improving common family problems such as: communication, discipline, speaking respectfully, physical aggression, chores and homework, problem solving, and etc. This program is one-on-one and takes approx. 3 hours so the family can interact with the laptop computer at their own pace. **If interested please contact Jodi Cech @ Pathways, MI (616) 396.2301 ext. 149 or email @ jcech@pathwaysmi.org**

Schedule is flexible!

Other Parenting Resources

Ottawa County MSU Extension

Children, Youth & Family Programs

The MSU Extension Educator provides informal, research-based information to people at all stages of the life cycle.

• Educational Children, Youth & Family programs and workshops such as food and nutrition, budget management and other topics are provided upon request at various locations in the county including: schools, agencies, churches, and colleges.

• Educational weekly radio programs on WGHN (92.1 FM or 1370 AM every Wednesday at 5:25 a.m. or 12:25 p.m.) and bi-weekly radio programs on WHTC's "Talk of the Town" (1450 AM every second and fourth Monday at 9:30 a.m.) where listeners can call in with questions during the program at 616-395-1450).

Call Jinnifer Gibbs @ (616) 846.8250 for more information www.msue.msu.edu/ottawa

Revised July 2008

Play'n Learn Literacy Playgroups

FREE for families with children birth to 5 years old. Join us for story time, songs, games, snack and a craft.

www.oaisd.org/greatstart

Tuesdays and Wednesdays this summer from 9:30-10:30 a.m.	
Allendale June 24 & August 6 at Community Park 11048 68 th Ave.	Coopersville July 22 at West Elem. Playground 198 East. St
Grand Haven July 1 & August 13 at Pottawatomie Park 15600 Comstock	Holland August 5 at Smallenburg Park 379 Fairbanks Ave.
Hudsonville July 2 & August 19 at Hagar Park 8134 28 th Ave.	Jenison June 25 & August 12 at Pioneer Park 7190 12 th Ave.
Saugatuck July 23 at Douglas Elem. Playground 261 Randolph St.	Spring Lake June 17 & July 30 at Presbyterian Church Playground (760 E. Savidge)
West Ottawa July 29 at Ransom Street Park 16500 Ransom	Zeeland July 9 & August 20 at Helder Park 3801 104 th Ave.
June 18: Life Services System – Summer Kick Off. Free admission to Deanna's playhouse. 11172 Adams, Holland	

For weather cancellation information call:
Tami Schippers at 1.877.702.8600 ext.4106

Parents stay with their children to learn and play.
Child development and reading readiness information will also be available.

Michigan's Parent Information & Resource Center (PIRC) a.k.a - .LSS Parent Center is located at:

11172 Adams, Holland, MI 49423

www.lifeservicessystem.org

Parenting Resources are available. Pick up your free copies of:

- ☉ "Get Ready to Read" (series by age)
- ☉ "Daddy Packs"
- ☉ "What Parents Need to Know about *No Child Left Behind*"
- ☉ "How to Help Your Child in School"
- ☉ "Giving Parents Options"
- ☉ Resource Lists
- ☉ Lending library & free parenting support materials.

Deanna' Playhouse: Indoor play environment for children (0-8yrs) and their families. Call 616.396.7566 or 1.800.577.7661 or check out their website, www.deannasplayhouse.com for more information.

LSS Sensory Awareness Camp: Coming this summer for families with a child with a sensory processing disorder.

Dad's Group: Let us equip you with the tools to be a great dad! Special incentives for qualifying families. Mom and the kids can play free at Deanna's Playhouse while the dad's meet. Meal included. Call 616.396.7566 ext. 104 to preregister.



2008-2009 Parenting Series brought to you by

Ottawa County Parenting Collaborative