

HEALTH RESOURCES IN OTTAWA COUNTY

Call 2-1-1 to get information about resources closest to where you live, 24 hours a day 7 days a week, including non-healthcare related needs. *Revised 1/2012.*

The Ottawa County Health Department cannot guarantee the accuracy of the information contained in this list and is not affiliated with any of the following organizations.

Medical Resources

Catherine's Health Center – www.catherineshc.org

1211 Lafayette NE, Grand Rapids (616) 336-8800. FREE medical clinic. Asks for \$10 donation. Must be low income, have no insurance. **Appointment only.** Call for availability and eligibility.

City on a Hill Ministries Health Clinic –

www.coahmhealthclinic.blogspot.com 100 S. Pine St, Zeeland (616) 748-6009. Free medical attention for minor injuries & illnesses. Must be an Ottawa County resident, have ID, and no health insurance. Clinic every Tuesday with registration from 5:00-8:00 pm. By **appointment only.**

City on a Hill Women's Health Initiative – 100 S. Pine St, Zeeland (616) 666-0215 by **appointment only.** Free mammograms, pap tests & health exams for women in post-childbearing years. Services scheduled for 3rd Thursday of each month. Call for eligibility and information.

Cherry St. Health Center – www.cherryhealth.org 550 Cherry St, Grand Rapids (616) 235-7272. Multiple locations in the Grand Rapids area. See website for details. Uninsured fees based on ability to pay. Medicaid provider.

Hackley Community Care – www.hccc-health.org 2700 Baker St, 3rd floor, Muskegon Heights (231) 737-1335. Services include: medical, pharmacy, lab, pregnancy, mental health. Medicaid provider for **Muskegon County only**; uninsured fees based on ability to pay.

Holland Community Health Center –

www.hollandcommunityhealthcenter.org 336 South River, Holland (616) 394-3788. Medicaid provider; uninsured fees based on ability to pay - \$15 minimum; alternatives for those who may not be able to afford fee.

InterCare Clinic – www.intercare.org 285 James St, Holland (616) 399-0200. Medicaid provider; uninsured fees based on sliding scale - \$20 minimum; alternatives may be available for those who are not be able to afford fee.

Love INC Tricities Free Health Clinic –

www.loveinctrocities.org 16290 Ferris St, Grand Haven (616) 502-2658. Located at the Health Department office. **Free** medical attention for minor injuries & illnesses; must have ID and no health insurance. **Walk-in** clinic every Thursday from 5– 8 p.m.

Muskegon Family Care – www.mfc-health.org Two locations: 2201 S. Getty St, Muskegon (231) 739-9315 and 1700 Oak Ave, Suite 400, Muskegon (231) 777-2093. Medicaid provider. Uninsured fees based on ability to pay.

Ottawa County Health Department –

www.miottawa.org/health Three locations: Holland - 12251 James (616) 396-5266; Hudsonville - 3100 Port Sheldon (616) 669-0040; Grand Haven - 16920 Ferris (616) 846-8360. Children's Special Health Care program, immunizations, vision and hearing screenings for children birth to pre-school, family planning services/contraception, sexually transmitted disease testing, and Maternal-Infant Health program. Medicaid and Plan First! accepted. Other fees based on ability to pay.

Dental Resources

Cherry St. Health Center – www.cherryhealth.org

550 Cherry St, Grand Rapids (616) 235-7289. **Emergency dental services only.** Five locations in Grand Rapids. \$20 for uninsured; also accepts Medicaid. Services offered on a first-come, first-served basis beginning at 7 am (days vary depending on location).

Grand Rapids Community College –

<http://cms.grcc.edu/dentalclinic> 143 Bostwick Ave. NE, Grand Rapids (616) 234-4237. Cleaning, fluoride, sealants, x-rays, periodontal therapy: \$30 adult/\$25 child. Hours vary by season. Call for appointment and eligibility.

Grand Valley Dental Care – grandvalleydentalcare.com

2064 Baldwin, Jenison (616) 457-2299. Basic dental services. Medicaid, MI Child, Healthy Kids provider.

Hackley Community Care Dental – 2700 Baker St, 1st floor, Muskegon Heights (231) 737-8603. A Medicaid provider. **Emergency dental walk-in** with pain/swelling. Bring proof of Medicaid and ID.

Holland Free Health Clinic – www.hfhclinic.org 99 W 26th St, off Michigan Ave (by Holland Hospital) (616) 392-3610. **free** exam and dental cleaning; limited dental referrals for additional services.

InterCare Clinic – www.intercare.org 285 James St, Holland (616) 399-0200. Basic dental services provided based on ability to pay, \$40.00 minimum (alternatives may be available for those unable to pay). Also accepts Medicaid. Emergency appointments available for those in pain; call in the early morning for an opening.

Muskegon Family Care Dental Clinic - www.mfc-health.org 1700 Oak Ave, Muskegon (231) 767-9830. Uninsured fees based on ability to pay; Medicaid provider. Accepting **children only** as new patients; limited adult emergency care (with visible facial swelling) available by calling the clinic at 4 p.m. T, Th, or F.

Ottawa County Health Department – www.miottawa.org/health 12251 James St, Holland (616) 393-5694. MILES of SMILES (MOS) mobile dental unit provides **free**, on-site comprehensive dental services for financially-qualifying Ottawa County **school children**; MOS is a MI Child, Medicaid and Healthy Kids Dental provider.

Redi-Dental Emergency Dental Care – www.redident.com 12662 Riley St, Suite 130, Holland (616) 499-4284. **Emergency dental services** at competitive fees; not accepting Medicaid at this time. Payment due at time of service. Walk-in or by appointment.

Prescription Resources

Meijer, Target, Walmart, K-Mart, Sam's Club, D&W, Family Fare – most large chain pharmacies offer free or low cost medications which vary by location. Call, or visit their websites, for an updated list.

Holland Free Health Clinic – www.hfhclinic.org – 99 W. 26th St, Holland (616) 392-3610. Prescription assistance for uninsured who meet eligibility requirements. Must have doctor in Holland/Zeeland area. **By appointment only.**

InterCare Clinic – www.intercare.org 285 James St, Holland (616) 399-0200. Low cost prescriptions available to InterCare patients.

Love, INC Tri-Cities – www.loveintrinsicities.org 1106 Fulton, Grand Haven (616) 846-2701. Free, one time urgent need prescription. Call or walk-in. Assistance in procuring free prescriptions for eligible uninsured patients under age 60 in NW Ottawa County.

NeedyMeds.org – Online source for prescription assistance to obtain low cost or free medications; must have doctor's prescription. Visit website to see if your prescription qualifies.

North Ottawa County Council on Aging – www.noccoa.org 422 Fulton Ave, Grand Haven (616) 842-9210. Urgent need medications and **free**, year-long prescription assistance for eligible seniors age 60+ in northern Ottawa County. Also assist with Medicaid and Medicare enrollment for seniors.

Ottawa Prescription Discount Card – **Free** discount card useable at most large chain pharmacies. For information visit www.miottawa.org/health or pick up a card at any Health Department office.

Mental Health Resources

Ottawa County Community Mental Health - Contact the Access Center to determine eligibility: (616) 393-5681 or (877) 588-4357. Mental health services for Ottawa County adults and children with **Medicaid** or **without insurance**. Full services for those with severe/persistent mental illness or developmental disability at three locations.

The following counseling or mental health resources either offer services for free or according to a sliding fee scale based on income. Call or go online for details:

Beacon of Hope – www.beaconhope.net 166 S. River Ave, Holland (616) 396-4956.

Bethany Christian Services & El Centro – www.bethany.org/holland 12048 James St, Holland (616) 396-0623.

Catholic Charities of West Michigan – www.cwestmi.org 6660 Blair Ln, Holland (616)796-9595.

Center for Women in Transition – for survivors of domestic violence or sexual assault: www.aplaceforwomen.org
Two locations:

Grand Haven, 300 N. Ferry, Suite C, (616) 846-0674.
Holland, 411 Butternut Dr, (616) 392-1970.

Hospice of Holland – www.hospiceofholland.org 270 Hoover Blvd, Holland (616) 396-2972. Bereavement and grief counseling

Journey Counseling Center – 7506 Church St, Jenison (616) 403-3554.

Lakeshore Latino Outreach Center – www.latinoutreach.org 345 E. 16th St, Suite 241, Holland (616) 499-4872.

Lakeshore Pregnancy Center – www.lpcenters.com

Three locations:

Holland - 339 N. River Ave (616) 396-5840.

Grand Haven -114 N. Seventh St (616) 842-7510.

Allendale - 11325 54th Ave (616) 895-1893.

After Hours Helpline: (800) 238-4269.

Midtown Counseling Center –

www.midtowncounseling.org 96 W 15th St, Suites 208 and 209, Holland (616) 594-7135.

New Direction Counseling Services – 490 Century Lane, Suite 100, Holland (616) 510-5577.

Tri-Cities Ministries Counseling – www.tcmcounseling.org
120 S. Fifth St, Grand Haven (616) 842-9160.

Winning at Home – www.winningathome.com 300 S. State St, Suite 13, Zeeland (616) 772-1733.

Pathways, MI – www.pathwaysmi.org. Two Ottawa County locations:

Grand Haven –321 S. Beechtree St. (616) 846-5880.

Holland – 412 Century Ln (616) 396-2301.

Pine Rest – www.pinerest.org. Multiple locations:

Grand Haven - 1445 Sheldon Rd # 303 (616) 847-5145.

Holland - 926 S. Washington Ave # 210 (616) 820-3780.

Zeeland - 8333 Felch St # 201 (616) 741-3790.

Vision Services

Goodwill Optical – 393 E. Lakewood Blvd, Holland (616)848-3333. Eye exams for \$36; new eye glasses with frames start at \$68. Cash, Medicaid accepted. Appointments available M-F 9 am- 6 pm, Sat 9 am-12 pm.

Holland Free Health Clinic – 99 W 26th St, off Michigan Ave (by Holland Hospital) (616)392-3610. Free eye exam & assistance with glasses. Call for eligibility. On Tuesdays by appointment only.

Seniors EyeCare Program – www.eyecareamerica.org
Eye exams and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Must be 65 or older and have not seen an eye doctor in three or more years. Accepts Medicare and/or other insurance reimbursement as payment in full; patients without insurance receive this care at no charge. Go online to see if you qualify.

Substance Use Resources

Alcoholics Anonymous (AA) – Call (616) 913-9216 or visit www.grandrapidsaa.org for times and locations. FREE support is available for anyone with alcohol related problems, including friends or family members of persons with alcohol problems.

Catholic Charities of West Michigan – www.ccwestmi.org
6660 Blair Ln, Holland (616) 796-9595.

Michigan Tobacco QuitLine – 1-800-QUIT-NOW (784-8669). FREE telephone-based tobacco use treatment.

O.A.R. INC. (Ottagan Addictions Recovery) – www.oar-inc.org. Provides outpatient counseling, assessment and therapy for substance abusers and their families, as well as residential treatment. Two locations:

Holland – 483 Century Lane (616) 396-5284.

Grand Haven – 700 Washington Ave, #220 (616) 842-6710

Pathways, MI – www.pathwaysmi.org. Two locations:

Holland – 412 Century Ln (616) 396-2301.

Grand Haven – 321 S. Beechtree St (616) 846-5880.

Pine Rest – www.pinerest.org. Three Ottawa County locations:

Grand Haven – 1445 Sheldon Rd, # 303 (616) 847-5145.

Holland – 926 S. Washington, # 210 (616) 820-3780.

Zeeland- 8333 Felch St, # 201 (616) 741-3790.

Hospital Bills

Charity Care – for unpaid hospital bills that are not in a collection agency. Ask the hospital for information on this program. Client will need to have a Medicaid denial from DHS (see below) in order to apply for this assistance.

Health Coverage

Department of Human Services (DHS) – 12185 James (616)394-7200. Apply for Medicaid Health Coverage programs.

Ottawa County Health Department –12251 James St., Holland (616) 393-5758. Medicaid enrollment assistance for children or pregnant women (MI Child, Health Kids, MOMS); Plan First! enrollment for women 19 - 44 needing family planning services. www.miottawa.org/health